

MANUAL HANDLING

STAX

SGS MANUAL HANDLING

Our modern training facilities and experienced instructors ensure that graduates of our course leave equipped with the knowledge, confidence and skills required for manual handling.

COURSE OUTLINE

This purpose of this program is to provide learners with the relevant skills and knowledge to be able to safely perform manual handling techniques within the workplace.

Our course is conducted over three hours and includes the following topics:

- WHS legislation obligations
- Assess risk and identify unacceptable risk
- Muscular-skeletal system
- Demonstrate correct lifting techniques
- Awkward and poor working postures
- Preventative measures

BENEFITS

- WHSQ / WorkCover compliant course
- Cost effective three hour course
- Safer workforce

APPLICATIONS

This course provides a basis for safe manual handling techniques to be used within the workplace.

PREREQUISITES

There are no prerequisites for these competency units.

LEGISLATION AND COMPLIANCE

Our course is compliant with relevant mining industry training requirements for working as a supervisor.

LOCATIONS

Australia wide. Please call to find your closest training facility.

SGS OFFERS

SGS provides a variety of industry based and generic OH&S training programs including:

- Mining and Industry Safety Inductions
- Competency Based Training Programs
- OH&S Assessment and Auditing
- OH&S Training and Qualification

CONTACT

Our SGS representatives will be happy to discuss your needs.

For National bookings and enquiries call

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WHEN YOU NEED TO BE SURE

SGS